

*Breakfast - scrambled eggs w/ cheese, english muffin, blueberries, milk*

*Lunch - grilled ham/cheese sandwich, banana, carrots, milk*

*We kept busy inside this morning with the below zero weather outside by playing with a new and fairly impressive train track at the train table. This activity offered us a lot of practice with using our manners ("excuse me, please", "may I have one more train car please?", etc). xxxx did a nice job today and was willing to share train cars with other friends when she had extra to spare.*

*We also had some fun stringing beads together and making bracelets or necklaces. This is no easy task as their fine motor skills were challenged, but they did great. xxxxx had fun "stirring" the beads with his hands in the bucket, listening to the fun sounds it made. I sat close by to make sure the little ones didn't put the beads in their mouth...as they were eager to try!*

*Before circle time, we snuck in an opportunity to wrap our Valentine mailboxes (shoeboxes) with pink paper. xxxx was eager to help with this! We worked quickly to save time to be able to decorate them at art time.*

*At circle time, we talked more about opposites. This time learning about opposites in regards to feelings. We looked at a few pictures of kids/babies and figured out if they were HAPPY or SAD. Then we tried to make these same faces ourselves (angry/happy, worried/relaxed, tired/awake, bored/excited). We used our teddy bear friends to practice our preposition opposites (above/below, in front of/behind, etc) - xxxx did a nice job of following the one step directions in this game. There was lots of giggling as they figured out where their bear should go! We read a book called, "When Sophie Gets Really, Really Mad" - and pointed out the feelings in this book too.*

*We did some more work with the letter P today. The kids had a few minutes to find something that should go in our "ppp" sound box. xxxx found a pony! They were all amazed at how full the sound box was this week (pillows, polar bear, puzzle, parachute, Percy the train, etc)!*

*For art, we let loose and decorated our Valentine Mailbox. We talked about the party and what we'll be doing with the boxes on Monday. We made sure our name was written clearly on our own box so our friends could find it.*

*xxxx was funny today - he giggled as xxxx tried to crawl behind the furniture upstairs. xxxx was trying to keep up with him - they were playing a modified game of "Peek a Boo" together! I love the increased amount of interactions between each of them that is occurring!*

*xxxxx*

*bm*

*wet*

*nap 12:55 -*

*Thanks!*

*Roz*